# About me

Letting others know a little bit about you and what is important to you can enable the recovery support we provide. Please use the space below to tell us a little bit about you either in words or pictures. This can be done by yourself or with help of a family member / friend or clinician.

Your favourite hobbies, sports teams or foods

People or places that are special to you

Memorable moments from your past or events you are looking forward to

Your faith, religion or spirituality

Overall, what you like and what makes you happy

What problems your stroke has left you with and what you feel you may need support with

This page was designed by the inpatient neurological physiotherapy team at South Tyneside and Sunderland NHS Foundation Trust.